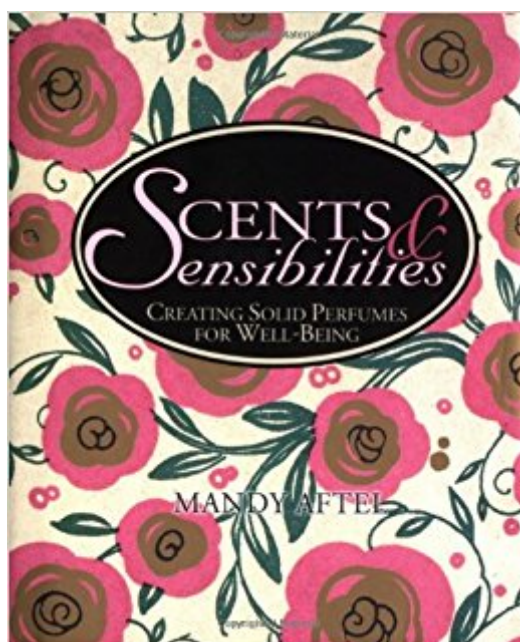


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Scents & Sensibilities: Creating Solid Perfumes For Well-Being



Synopsis

Delve into the world of natural aromas and discover their profound effect on emotional well-being, from relieving stress to enhancing sensuality. Renowned perfumer Mandy Aftel shares everything you need to know to create personalized handmade solid perfumes. Aftel has created custom scents for top celebrities like Kate Hudson and Madonna, and has been featured in magazines such as Vogue, O and Vanity Fair. She explains the science of "top," "middle," and "base" notes, and discusses the subtleties of fragrances that will unlock the secrets to finding the perfect perfume for every individual. Step-by-step instructions along with helpful photographs make this book simple and easy to use, and explain basic equipment necessary for getting started, such as beeswax, a hot plate, and a grater. Aftel also tells how to pick the right containers to store scents, from vintage boxes to jars. "Smelling her extraordinary collection of oils took me to beautiful places— the fragrance that Aftel blended exclusively for me is full of citrus and herbal fragrances that complement my culinary life." -Alice Waters, owner of Chez Panisse restaurant in Berkeley. Mandy Aftel is the founder of Aftelier, through which she creates one-of-a-kind perfumes for individuals and private labels. Ms. Aftel is also a counselor and the author of three previous books, including *Essence* and *Alchemy*. She lives in Berkeley, California. Her website can be found at www.aftelier.com.

Book Information

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Customer Reviews

\$12.95 U.S. Delve into the world of natural perfume and discover how different scents can have a

profound effect on your emotions, from relieving stress to enhancing sensuality. In *Scents and Sensibilities*, author Mandy Aftel teaches you everything you need to know to create your own handmade solid perfumes. Essential oils, concretes, and absolutes are combined to create aromas that enhance well being. Ingredients such as bitter orange, juniper berry, pink grapefruit, lavender, nutmeg, vanilla, sandalwood, and rose can create the perfect perfume for different moods. The book includes step-by-step instructions, photographs, lists of equipment, and types of containers. *Scents and Sensibilities* gives you the information, know-how, and recipes to bring tranquility, sensuality, and refreshment into your life. Mandy Aftel is the founder of Aftelier, through which she creates one-of-a-kind perfumes for individuals and private labels. Her work has been featured in such magazines as *Vogue* and *Allure*. Ms. Aftel is also a counselor and the author of four previous books, including *Essence* and *Alchemy: A Natural History of Perfume*. She lives in Berkeley, California. Her website can be found at www.aftelier.com.

Writer and perfumer Mandy Aftel was a founder and chief perfumer of all-natural perfume company Grandiflorum, and went on to create Aftelier, a company that concentrates exclusively on creating custom perfumes for men and women. As an authority on natural essences and custom perfumes, she has participated in panels for the perfume industry, and demonstrated and taught the art of natural perfumery across the nation. Her work has been featured in publications including *In Style*, *Vogue*, *W Magazine*, *Self*, *O (Oprah) Magazine*, *Allure*, *Health*, and *Elle*. Her website can be found at www.aftelier.com.

This is a very small book. It's 93 pages (not counting a list of merchants in the back), with large margins, fairly large print, lots of large illustrations, and the pages are only about 5 or 5 and a half inches square. It's sort of like a novelty child-sized coffee table art book. The content is fine, and the book was priced inexpensively, but I wish I had realized just how small and brief this book was. I read it in one short sitting, and though I consider myself a beginner where natural perfumery is concerned, pretty much everything in this book I had already found online. There is a section on the history of solid perfume which is ridiculously brief. That said, there's certainly nothing wrong with the book's contents or the quality of the editing and binding, and I will check out Mandy Aftel's other books in hopes of getting a more substantial meal. And it's my fault that I didn't pay attention to the info on dimensions, page count, etc. that provides. But I think this just should have been published as a pamphlet or an e-book. If you literally know nothing about perfumes and are averse to using the internet, this book will be good for you.

This is a cute little book but I was hoping for some great perfume recipes. I wish someone would make a book that has nothing but recipes and instructions in it. This is the third book I have bought in hopes of it being a recipe book. I'm glad I didn't spend a lot of money on it. If anyone knows of any books that are full of great perfume recipes please share!!

But I plan on making some of the recipes! It's a fun short read, in the meantime, and the instructions SEEM easy to follow, and are really common-sense. Plus it's such a cute tiny book, I can't help but love it!

The author instills a passion for the subject of natural perfumery. It makes me want to create my own perfume with a finesse and touch of beauty, as well as hunt for all the exotic essences of the world in the manner of a quest. She is also extremely generous with her recipes and references saving much time and effort for the beginning perfumer.

A charming little book that is great for the budding perfumer. It was a bit simplistic for me at this point in time having taken Mandy's in studio workshop. Still I enjoyed it. Check out her other book, Essence and Alchemy.

one of my favorite :)

Information in this book is useful. However, the book is poorly edited. Might have been worthwhile to have had a quality editor.

a very pretty book

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